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RARGAIN OF THE WEEK

Valdo Oro Puro Prosecco, £9.99 (was £13.49), Waitrose

FROM the smarter Valdobbiadene vineyards in Italy's Veneto region, there's a little more to this one than most. Made from handharvested glera grapes with gorgeous apple flavours, this is fruity, frothy and fresh. A cut above.

WHITEWINE

Albourne Estate Bacchus 2014, £12.95, www.albourne estate.co.uk

ENGLISH wine is on a roll. Albourne Estate near Brighton is run by fellow knackered mother, Alison Nightingale. Her wines stand out because of their crisp, pure flavours. This is made from the bacchus grape: if you like citrusy sauvignon blanc, you'll love it. Food pairing: Chicken.

KNACKBRBD MOTHERS' WINE CLUB

BY HELEN McGINN



RED WINE

Reggiano Rosso 2013, £6, M&S
LAMBRUSCO grapes are
behind this perky, refreshing
Italian red. And unlike the
majority of lambrusco on our
shelves, there's no fizz or
sweetness. Rather, these
grapes are grown in the
Emilia Romagna region in
dry, red, still form. Expect
fresh, cherry-scented, red
fruit flavoured wine that's
good value for money.
Food pairing: Risotto.

ROSE

Chateau Pigoudet Cuvee La Chapelle 2014, £8.99, Majestic

IN A sea of rose, this will float boats. Made in the Coteaux d'Aix en Provence region from a typical blend of grenache, cinsault, cabernet sauvignon and syrah grapes, it's pale, pretty and fresh. One to sip all summer.

Food pairing: Olives.

■ THE Knackered Mother's Wine Club by Helen McGinn (Pan, £7.99).